ENTRY FORM

Pertubuhan Amal Seri Sinar
明亮慈善之家

LARIAN AMAL SERI SINAR 2009

UNDER THE PATRONAGE OF

KEMENTERIAN BELIA DAN SUKAN

DATE : **15th MARCH 2009 (Sunday)**
TIME : **7:00 AM**
VENUE : **TAMAN BUKIT JALIL, BUKIT JALIL**
CLOSING DATE : **1st March 2009**

FULL NAME (BLOCK LETTER):

I/C NO: **SEX:** **MALE** **FEMALE**

DATE OF BIRTH: **AGE:** **TELEPHONE NO.:**

MAILING ADDRESS

POST CODE **NATIONALITY**

Code	Category	Distance	Starting Time	Entry Fee	Tick
A	Men Open	10km	7.00am	RM 25	
B	Women Open	10km	7.00am	RM 25	
C	Men Veteran	10km	7.00am	RM 25	
D	Women Veteran	10km	7.00am	RM 25	
E	Men 5KM	5km	7.10am	RM 15	
F	Women 5KM	5km	7.10am	RM 15	
G	Family Run	3km	7.20am	RM 15 per person	

WAIVER CLAUSE

In consideration of the Organiser accepting this entry, and registration to participate in the above Run, I hereby waive and release any and all right or claims to damages I may against the Organisers holding this Run, their agents, representatives, successors, assigns, race sponsors for any and all injuries, death and invalidity I may sustain before, during or after the course of the event or arising as a result of it. I hereby indemnify the Organisers and keep them indemnified and waived against all claims or damages that arise in consequence of the above.

Signature of Participant: ……..... Date: ……

FOR PARTICIPANTS UNDER 18 YEARS

I, _____ I/C No. _____ parent / guardian of the participant, whose particulars appear above, confirm that I fully understand and appreciate the effect of the above waiver and hereby agree and declare on behalf of the participant That the Waiver Clause will have been binding affect on the participant. I hereby consent to his/her participation in the Run as stated above.

Signature of Parent/Guardian: ……... Date: ……

For enquiries, please contact :

CC Tang	016 – 2261211
Ronnie	016 – 3302848
Mr. Chan	012 – 3380943
Keong	012 – 2891522
John Chow	012 – 5777728

Organiser : Pertubuhan Amal Seri Sinar
Event Organiser : Taman Bukit Jalil Running Club

Sponsors : **Brooks Running**
Tanjung Balai Quary
TS Advertising & Trading Sdn Bhd
VERSTAERKER.ROLLE (M) SDN BHD.
POWERBAR®

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Entry Fee:
RM _____ Cash / Cheque

Receipt No: _____

Categories Code:

Issued By: _____

Larian Amal Seri Sinar 2009

1) **DATE :** 15th MARCH 2009 (Sunday)
2) **VENUE :** START / FINISH – TAMAN BUKIT JALIL, BUKIT JALIL (CAR PARK B)
3) **TIME :** 7.00AM
4) **ORGANISER :** PERSATUAN AMAL SERI SINAR
5) **CODE, CATEGORY, DISTANCE, QUALIFYING TIME**

CODE	CATEGORY	DISTANCE	QUALIFYING TIME	REPORTING TIME	STARTING TIME
A	Men	10km	1 hrs 45 min	6.30am	7.00am
B	Women	10km	2 hrs	6.30am	7.00am
C	Men Vet	10km	2 hrs	6.30am	7.00am
D	Women Vet	10km	2 hr 15 min	6.30am	7.00am
E	Men 5KM	5km	Non Competitive	7.00am	7.10am
F	Women 5KM	5km	Non Competitive	7.00am	7.10am
G	Family Run	3km	Non Competitive	7.10am	7.20am

6) **PRIZES**

CODE	TROPHY	PLAQUE	MEDALS
A,B,C,D	1st to 3rd		Achiever or Finisher
E,F,G		1st to 3rd	Finisher

7) **ENTRY FORMS :** Entry forms are available & registration can be done at:
   a) **Taman Bukit Jalil (Car Park B)** – please refer to map attached.
      Monday – Saturday; Sunday
      Time: 5.00pm – 8.00pm; 7.00am – 10.00am / 5.00pm – 8.00pm
   b) For Family Run, every participant is required to fill in one entry form. Minimum 3 participants per team with at least 1 female runner.
8) **ENTRY FEE :** Refer to the Entry Form (Not refundable).
9) **CLOSING DATE :** 1st March 2009.
10) **COLLECTION OF BIBS NO. :** Collection of bibs will be at Taman Bukit Jalil Car Park B, date & time referred to receipt.
11) **END OF COMPETITION :** The run is officially over in 2 hr 15 min after the starting time.
12) **DRINKING STATION :** There will be 1 drinks station for the 10KM at the half-way mark.
13) **REFRESHMENT :** Drinks & light refreshment will be served to all participants.
14) **PARKING :** Park at Taman Bukit Jalil. Car Park A or B at your own risk. However Rela personnel will be assigned to monitor the Car parks.

Organiser :

Pertubuhan Amal Seri Sinar 明亮慈善之家 Recycle for Charity

Event Organiser : **Taman Bukit Jalil Running Club**

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Patron : **KEMENTERIAN BELIA DAN SUKAN**